

Reaching Out From a
Common Experience

"Reaching Out From a Common Experience"

Greetings from a unique group of people - the retirees of the Los Alamos National Laboratory (LANL). The Laboratory Retiree Group (LRG) is a non-profit corporation which seeks to maintain communications with and to serve the needs and interests of retirees from LANL.

LRG Officers and Board Members

| | | |
|-----------------------------|-------------------|--|
| President: | Dale Thompson | dalethompson@losalamos.com president@lalrg.org |
| Vice President: | Leigh House | hagar@newmexico.com president@lalrg.org |
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| Board Member and Benefits: | Norman Delamater | ynormdel@earthlink.net |
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| Board Member and Benefits: | Patricia Wing | hwybks455@yahoo.com |
| Board Member and Main Gate: | Joyce Wolff (JJW) | jwolff@lomalobo.com |
| All Board Members: | | board@lalrg.org |

Laboratory Retiree Group Website: www.lalrg.org

LRG Board Meetings

3rd Wednesday of the month 2:00 pm Mesa Public Library

Anyone is welcome.

The Main Gate is printed by Aspen Copies, Los Alamos, NM

Laboratory Benefits Updates for 2020

November 2019

By Norman Delamater and Patricia Wing

The Emphyrean website has booklets for all the 2020 benefits plans and for Open Enrollment and information as to new monthly payment rates, which will have small increases or decreases depending on the plan.

If you have made no changes to your benefits elections, your 2019 coverage selections will continue into 2020. Blue Cross/Blue Shield of New Mexico will continue. Delta Dental of California will continue coverage as Delta Dental of New Mexico. The Vision Service Plan (VSP) will be replaced with a new vendor, Davis Vision. Prescription coverage will now be through Express Scripts. ARAG legal will continue with no change to the plan. Emphyrean continues to handle retiree benefits for Laboratory retirees.

You will need to notify your dentist and vision service providers, physician offices, and pharmacy of your changes and present to them your new identification cards.

Identification Cards--Identification cards for you and your spouse and additional information will arrive by mail.

-Blue Cross/Blue Shield of New Mexico will send new identification cards and will list Express Scripts as their mail delivery pharmacy provider, with the new billing codes for Express Scripts. Cards will arrive before January 1.

-If you are enrolled in Delta Dental, your identification card will be sent in December or January.

-If you have enrolled in Davis Vision or if you were previously enrolled in VSP, Davis Vision will send you an information packet in the mail before January 1. You will need the member client code 9019 in order to access the website and customer service information, and for provider services.

Delta Dental of New Mexico--Delta Dental of New Mexico is a nationwide network. You do not need to be a resident of New Mexico to receive benefits through this plan. You should inform your dentist office that you are now covered by Delta Dental of New Mexico and show the new identification card.

If you have a dependent or a child covered through COBRA who has coverage through Delta Dental and another plan, the two plans will coordinate with each other as before.

Delta Dental of New Mexico offers a network of PPO (preferred provider) dentists who may offer you lower rates for high priced procedures such as caps or root canals. It may be wise to talk with your dental provider as to the cost for you and compare the cost with other dentists of your choosing. The Delta Dental website at www.deltadental.com has a list of dental providers in their PPO plan as well as dentists who are Delta Premier providers. Delta Dental of New Mexico customer service at 1-877-395-9420 can help with the website and provide information.

Davis Vision--Davis Vision is a nationwide network. You do not need to be a resident of New Mexico to receive benefits through this plan.

Davis Vision allows one pair of glasses or contact lenses per year. Eye exam refraction fee will be covered by Davis Vision; this fee is not covered by Medicare or Blue Cross/Blue Shield of New Mexico.

A \$200.00 allowance is offered for glasses obtained from any provider in the network. A list of providers in the network can be found online. Log in using your client code at davisvision.com/member to find a list of in-network providers near you and access your benefit information. Copays at other providers are listed online.

If you have "dual coverage," which is Davis Vision and another vision plan, you can still obtain two pairs of glasses.

Eye Associates of New Mexico is now a provider through Davis vision, as of January 2020.

Visionworks is the online shopping network for Davis Vision. Visionworks is a nationwide plan, with 75 labs contracted to provide eyeglasses. Coverage is better and costs are lower through Visionworks.

Express Scripts--Express Scripts will be the prescription provider in 2020. Express Scripts will have the same options as were previously offered for prescription coverage, including using retail pharmacies and medication by mail order.

Current prescriptions and prior authorizations should transfer over. Pain medications may not transfer over. For vacation override, check with Express scripts.

Health Care Committee Report continued:

After January 1, you will need to inform your retail pharmacist and medical providers that you have Express Scripts and present your Blue Cross/Blue Shield identification card.

The Express Scripts website is www.express-scripts.com. You can call the Patient Customer Service at present, using your social security number, phone number, and date of birth. After you receive your information packet and identification number in the mail, you can use your identification number to access assistance.

Updates for Survivor Benefits--Laboratory retirees should double check to see if their beneficiary elections are current for pension, other retirement plan, and insurance policies. These beneficiary elections could change over time due to life events such as death of a spouse, divorce, or remarriage. It is very important to make sure the Laboratory records are up to date.

Plan Comparison Chart and Hearing Aids--The comparison chart for National Medicare Supplement, EPO and PPO Benefits, and Cost-Sharing is on the Empyrean website. Hearing aids coverage varies between the plans. For many LRG retirees on Medicare, the National Medicare Supplement works very well, but for some, additional choices like the EPO or PPO may be suitable, depending on your individual requirements, but they may have additional copays and deductibles.

Checking Your Statements--To prevent fraud, please always double check your Medicare statements and your Blue Cross/Blue Shield of New Mexico statements for accuracy of all charges that are claimed in your name.

Please continue to email us with any benefits issues. We hope we can be helpful with your issues and provide clarity where possible.

| | |
|---------------------------------------|--|
| Empyrean: | 1-844-805-0002, www.lanlbenefits.com |
| Blue Cross/Blue Shield of New Mexico: | 1-877-878-5265, www.bcbsnm.com/lanl |
| Express Scripts: | 1-800-838-4590, www.express-scripts.com (beginning 1/1/20) |
| Delta Dental of New Mexico: | 1-877-395-9420, www.deltadentalnm.com , group number 4000 |
| Davis Vision: | 1-800-999-5431, www.davisvision.com , client code 9019. |
| ARAG Legal: | 1-800-247-4184, www.members.araggroup.com/lans , access code 148221a1, group number 14822 |
| Medicare: | 1-800-MEDICARE or 1-800-633-4427, www.medicare.gov |

RENEW

RENEW

RENEW

RENEW

If you have not already done so, please renew your LRG membership by mailing your dues for 2020. Please note you are paid through the year indicated on your address label. If you are not a member please join us. You will find an Application and Renewal Form on the last page of this Main Gate. Cost is only \$20 a year. In each newsletter Norm Delamater and Patricia Wing address benefits, clearly explaining their seeming complexities. They encourage your questions. Your membership includes the annual Retiree Group Directory, listing LRG member addresses and phone numbers if provided by the member.

There is strength in numbers. A stronger voice is an asset when defending our benefits which have been challenged in recent years: hence the LRG legal fund. We hope you will promote membership by encouraging non-member retirees to subscribe.

**Enjoy Conversation and a Great Breakfast
(from the menu)**

Coffee or tea paid for by the LRG

**1st Tuesday every month
8:30-10:30 a.m.**

**Morning Glory Restaurant
1377 Diamond Drive Across from the High School**

LRG NEWS

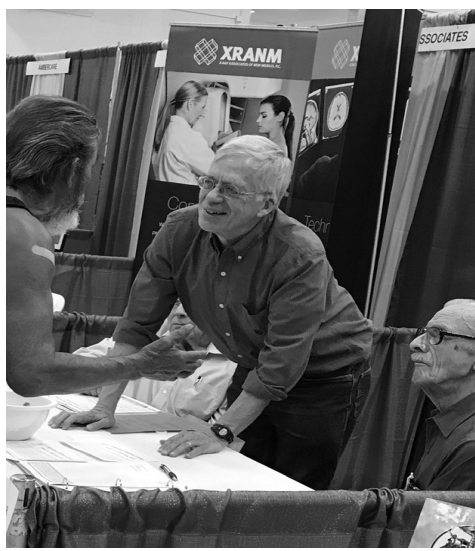
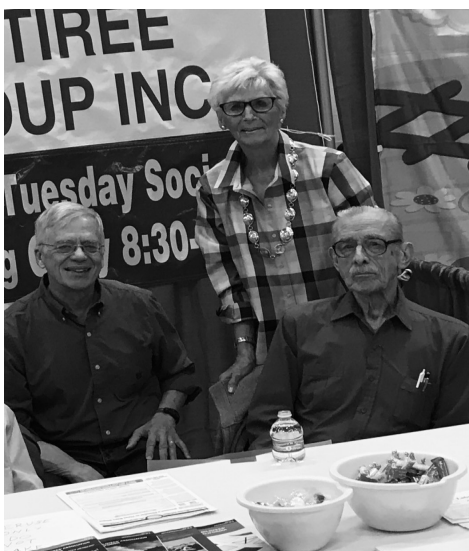
Shuffle Board—After years as Treasurer of the LRG John Stewart is handing his ledgers to Sheila Girard, effective January 2020. Sheila in turn has given her recording secretary duties to Alan Wadlinger, Scribe. Leigh House will prepare required tax filings. Sheila, in addition to becoming Treasurer, remains as Membership Chairman, maintaining membership data bases, including the LRG Directory. These changes are reflected in the Board directory on the front page of this issue.



A collective thank you to John for his many years of dedicated work on behalf of Seniors and the community, as indicated when he joined the ranks of Los Alamos Living Treasures a few years ago. He is always involved in efforts to promote wellbeing. He has earned a rest but we are pleased that he will remain a Board member

Left: John Stewart and Sheila Girard look over the LRG Treasurer's report.

Below: Leigh House, Joyce Wolff and John Stewart at this year's Los Alamos Health Fair, a popular event held each fall. This year the event in Griffith Gym hosted 60 booths while over 1,500 visitors took away a wealth of information on the many and varied health services available in the Los Alamos area. Many received yearly flu shots.



The LRG and the LARSO are different organizations. The LRG is the Laboratory Retiree Group open to LANL retirees, spouses or interested individuals. (more information on Page 12) The LRG is funded only by dues and donations. LARSO, the Los Alamos Retiree and Senior Organization, is open to any retiree or senior. LARSO receives County, State and Federal funds. It runs both the White Rock Senior Center and the Betty Ehart Senior Center in Los Alamos.

A Letter to Retirees from Mike Ammerman Scholarship Program Manager



Sarah Gissinger Scholarship Program Associate and Mike Ammerman Scholarship Program Manager

The LANL Foundation, in partnership with the Los Alamos Employees' Scholarship Fund (LAESF) Advisory Committee, is honored to administer the LANL Workforce Retirees' Endowed Scholarship Fund. This endowment was established in 2018 and continues to grow from contributions made primarily by retired LANL employees to provide scholarships for students pursuing degrees critical to the needs of the Laboratory and the region. The scholarship fund currently awards one student annually with a \$1000 one-time scholarship.

While this scholarship fund is endowed, ensuring that we are able to award deserving students in perpetuity, we are committed to growing this endowment with the goal of awarding even more recipients in the future and welcoming them to this community of Scholars. In order to do so, we need your support.

As a valued donor, you have a couple of options for submitting your donation directly to the LANL Foundation. The first option is to donate with a credit card via our website at www.lanlfoundation.org/give. Just click on any button that says "Give" or "Donate" to access our online giving tool. To assure that your donation goes to the Retiree Scholarship,

be sure to click "YES" when asked "Do you want to specify how the LANL Foundation will use your donation?" and enter the amount of your donation next to "LANL Workforce Retirees' Scholarship Fund"

The second option is to download a scholarship pledge form (also available at www.lanlfoundation.org/give) and send the completed form along with a check to the address included on the form.

Regardless of how you choose to donate or how much you are able to give, we deeply appreciate your support. You can rest assured that every dollar will go to a deserving and grateful student from Northern New Mexico. Together, we can make dreams come true.

Please do not hesitate to contact me directly if you have any questions. You can reach me at 505-753-8890. Just ask for Mike with the Scholarship Program.

With Gratitude,

Mike Ammerman
Scholarship Program Manager
mike@lanlfoundation.org

Manhattan Project National Historical Park

There will be no Behind the Fence tours of secure sites until April, 2020. Watch for announcements in the March 2020 Main Gate issue. Find more information on the Manhattan Project NHP Website. Please read Richard Malenfant's excellent pieces on pages 6,7, and 8.

Seniors Can Volunteer



The Bradbury Science Museum (BSM), in partnership with the Bradbury Science Museum Association (BSMA), is currently recruiting volunteers for our STEM Education Docent program. If you're interested in giving of your time and expertise alongside the BSM staff, have a passion for science or education, enjoy working with school-aged children and adolescents, and can pass a background check, the STEM Education Docent program may be a great fit for you. Please come to an information session on Thursday, November 14, 2019 at 10:30am at the Bradbury Science Museum, 1350 Central Ave. in Los Alamos. For questions and information, contact Pam Dresher at padresher@lanl.gov. Please note that docents need to be available for 2-3 hour shifts between the hours of 10am-2pm on school days.

About the Bradbury Science Museum Association (BSMA)

The BSMA is the 501(c)3 non-profit partner to the Bradbury Science Museum with the mission of promoting STEM education opportunities for people of all ages; and providing field trips for low-income students throughout northern New Mexico is one example of the BSMA's STEM education outreach efforts. To learn more about the BSMA, visit www.bradburyassociation.org.

**Bradbury Science Museum Website-Your Window Into the
Los Alamos National Laboratory.
Sign up for the free monthly newsletter
Check out the Bradbury for special events.**



Lest We Forget

Richard Malenfant

Dick has enjoyed a long, varied and productive career with LANL. He was for a time attached to the Director's Office and prior to his retirement in 1996 was assigned a two-year change-of-station assignment in Washington, D.C. He has worked in several groups but is most associated with N-2 and NEN-2. This piece was originally prepared for submission to Nuclear News, the monthly magazine of the American Nuclear Society.

On November 10, 2015 Secretary of the Interior Sally Jewel and Secretary of Energy Ernest Moniz signed an MOA for creating and managing the Manhattan Project National Historical Park. Congress passed the National Defense Authorization Act of 2015 which included provisions authorizing the Park to be located at three sites: Oak Ridge, Tennessee, Hanford, Washington, and Los Alamos, New Mexico. Specific locations at the three sites include the X-10 Graphite Reactor, buildings 9731 and 9204-3 at the Y-12 complex, and the K-25 building site at Oak Ridge, the B-Reactor and the Hanford High School at Hanford, and the Gun Site (TA-8) and Pajarito Site (TA-18) at Los Alamos.

(continued next page)

I worked at Pajarito Site much of my time at Los Alamos between January 1961 and November 1996. As such I have a particular interest and association with TA-18. (see photo below) The buildings open at TA-18 include TA-18-29 (the Pond Cabin); TA-18-2 (the Battleship Bunker); and TA-18-1 (the Slotin Building). Emilio Segre used the Pond Cabin and a Forest Service Building at the site to make the definitive measurements that demonstrated that reactor produced plutonium could not be used in a gun type weapon because of pre-detonation.

The Battleship Bunker was used in July 1945 for the definitive measurements of the implosion method that was employed for Fat Man. TA-18-1, the Slotin Building, was the location of the May 23, 1946 accident that was fatal to Louis Slotin.

Following that accident, Raemer Schreiber penned a memo to Darol Froman, Deputy Director of the Laboratory, with recommendations to minimize the probability of such accidents in the future. Those recommendations form the basis of procedures for the conduct of critical experiments to this day. Froman also prohibited future experiments until they could be done remotely. This resulted in the construction of a remotely operated assembly facility (designated Kiva I) ¼ mile away from the control room.

The first experiment under remote control was conducted on April 13, 1947. Following the recommendation by Raemer Schreiber, the two-man operating crew was augmented by a third man whose task was to observe and to call attention to possible errors but not participate. Unlike some other facilities that employed dedicated technicians for controlling the machines, the operators at Pajarito Site included the scientists that designed the experiments and analyzed the results. In many instances, they also designed the machines to conduct the experiments. The classic general-purpose -lift critical assembly machine, Comet, was designed by Jano Haley; hence the name! A variant of Comet employing some components of the original stand is still in use today. TA-18 was remote from the main laboratory which led to a great camaraderie similar to a university campus and collaboration on the design, execution, and analysis of experiments.

Pajarito Site was used for offices, machine shops, control rooms, and the fixtures for the conduct of experiments under remote control until the facility was relocated to the Nevada Test Site in 2000. Prior to the move, initial approaches to critical were made using all fissionable species as bare metal and compounds of solids, liquids, or gases. Although there were incidents involving accidental criticality, spills, or contamination; there were no injuries resulting from experiments. TA-18 was recognized for 1,500,000 man-hours (25 years) from August 1948 to August 1973 without a disabling injury. Some of the work was described by Hugh Paxton in LA-7121-H, *Thirty Years at Pajarito Canyon Site*, March 1978 and the follow-on LA-7121-H, Rev., *Thirty Five Years at Pajarito Canyon Site*, May 1981.

Significant work at the site included the Keepin-Wimett delayed neutron data, the Hansen-Roach 16-group cross-sections, the verification of safe storage of interacting arrays of nuclear material, the construction and operation of the Fast-Burst Reactors including the Lady Godiva (a bare near-sphere of highly enriched uranium) and the still operational Godiva IV, the replication and operation at critical of Little Boy to measure the leakage and spectra of neutrons and gamma-rays to reconstruct the doses at Hiroshima, and the construction and operation of propulsion prototype rocket reactors for the Rover Program. Staff at Pajarito Site also initiated training for critical safety specialists using a hands-on approach to a critical configuration. In 1993 the American Nuclear Society awarded the Pajarito Canyon Site the Nuclear Historic Landmark Award. It is unfortunate that the site has been cleared of all structures built after the Manhattan Project except Kiva I.

The site is located inside of the 38 square mile Los Alamos Restricted Area and it is still off-limits to uncleared personnel except for occasional guided visits. I was able to participate in one such visit on April 5, 2019; I look forward to the time when the site can be opened so the legacy of the Manhattan Project and Pajarito Site will not be forgotten.



Second Los Alamos Tour

By Dick Malenfant, Parry Landing

Dick is a resident at Windcrest, a continuing Care Retirement Community in Highland Ranch, Colorado. The Learners Group at Windcrest present several college-like courses every year taught by residents who come from a wide spectrum of educational backgrounds and interests. He has taught several of these classes and has organized this popular tour of Los Alamos twice. Interest in visiting Los Alamos naturally was piqued by the class he taught on the Manhattan Project. Fifteen Learners enjoyed the latest tour he led May of this year. This is a brief look at that tour.

During part of the drive from Wind Crest to Los Alamos, the Cimarron Cutoff of the Santa Fe Trail was followed – the ruts are still visible. Following lunch at the historic St. James Hotel in Cimarron and the Gorge of the Rio Grande south of Taos the group arrived in Los Alamos. The tour included the Manhattan Project National Historical Park,* the Bradbury Science Museum, and the Los Alamos History Museum. Aimee Slaughter, a docent from the Historical Society, guided a walking tour of 12th century ruins, an early homestead, and several buildings of the Ranch School that were used during the Manhattan Project, including historic Fuller Lodge. An Atomic City Bus tour emphasized the early days of Los Alamos and the Ranch School and included Bandelier National Monument and a drive to the Valles Caldera National Preserve.

The concluding dinner of the tour was at Rancho de Chimayo, an original Spanish Hacienda. On the return trip a lunch stop was made at La Plaza Inn in Walsenburg.

*The Manhattan Project National Historical Park was established in November 2015 to preserve portions of the World War II era sites where the atomic bombs were developed. One area at Los Alamos designated as part of the park is Technical Area 18 (TA-18) where I worked much of my time at Los Alamos. TA-18 is one of the 47 Technical areas on the 38 square miles of the Laboratory. Therefore, I have a special interest in the Park and describing the area to others.



Learners gather around the iconic statues of Oppenheimer and Groves with docent, Aimee Slaughter. Photo by Tom Puckett.

Planning Thanksgiving Day Joyce Wolff

One Thanksgiving Janis and Dick Siemon invited my husband, Walt, and me for a huge turkey dinner which would include extended family members like us, several generations, and lots of little kids. Walt's son and Siemon's daughter were married at the time.

I asked Janis what she would like me to bring. She replied that I should bring anything that Thanksgiving dinner, to me, wouldn't be right without. She explained that once upon a time she had invited a young man to attend their turkey day meal but after the endless parade of dishes of food had been passed around the young man asked, "But where are the creamed onions?" From that day onward she gave her guests the answer she had given me so that no one would go without their special holiday food.

When I asked a young couple for Thanksgiving years ago, Tim volunteered immediately without asking, "I'll bring the green beans." I've since learned that his green bean dish, with mushroom soup, crispy onion rings and bacon bits, is a staple at many turkey 'n' dressing laden tables, proving Janis's point that, for Tim, it would not have been a proper Thanksgiving meal without those green beans. I was thankful for Janis's advice and always adhere to it.

But if you're thinking of bright green Brussel sprouts consider this story told with great glee at a Wolff family reunion in Idaho one summer.

As youngsters my five stepchildren were occasionally served Brussel sprouts, which none of them liked. They managed to sneak them, one by one, plate to pocket, until their parents agreed that they had seemingly eaten enough to allow them to leave the table. They then tossed the nasty green balls into the canyon depths behind their home. The family laugh now is that by now there must be hundreds, if not thousands, of Brussel sprout plants growing on that canyon floor having reproduced for many decades undisturbed.

The first story is in memory of Janis Siemon and the latter in memory of my step-son, Mike Wolff, who died last month in Colorado. He was always the instigator of laughter.

On The Bookshelf

Just Crazy to Ski Deanna Morgan Kirby



A fifty-year history of Pajarito Mountain, the Los Alamos Ski Area, written by a Los Alamos native, talented writer and dedicated skier. Dee and I attended Los Alamos High School in the '50s. Last year at a festival on Pajarito Mountain I was surprised and delighted to find the Kirbys there where Dee was having a book signing. JJW

Deanna Kirby and Joyce Wolff

This excellent book represents an awesome scope of work by Dee Kirby, who along with husband, Bob, former Los Alamos Ski Club president, have strong ties to Pajarito Mountain. She brings to life 50 years of rich history beginning in 1943 when volunteers—under great pressure to build an atomic bomb—also felt the imperative to develop a ski area. Because, as one of Dee's interviewees told her, "We were just crazy to ski." Ahh—an epiphany—her title was born.

No matter if you ski or don't ski this material meticulously researched (I counted over 50 interviews.) will interest old timers, newcomers, and history buffs.

In the many historical photographs old timers will recognize faces from the past who volunteered countless hours to make skiing happen here: first on Sawyer's Hill, then Pajarito Mountain. Today's skiers have them to thank and Dee Kirby for colorfully documenting the story.



LANL In Memoriam

By Jack Clifford

June 23—October 29, 2019



| | | | | | |
|----------------------|---|--------------------|---|----------------------|---|
| Paul Wagner | 2 | Maurice J. Katz | 2 | George Tubb | 6 |
| Mark J. Lyon | 6 | William J. Spencer | 3 | Gloria Zakar | 6 |
| Filman F. Casados | 4 | Fred L. Ribe | 4 | Thomas Taylor | 2 |
| Michael L. Matuszak | 1 | Robert N. Jones | 1 | Harold E. Langley | 6 |
| Mary M. Ranken | 1 | Daniel Roybal | 4 | James Bunch | 1 |
| James E. Larkin, Jr. | 1 | Eric O. Martinez | 1 | Robert E. Morrison | 1 |
| Betty Rose Scott | 1 | Marilyn Treiman | 6 | Michael P. Geelan | 1 |
| Norma L. Jorgenson | 1 | Judith Miller | 3 | Patricia Ann Webster | 2 |
| *Carolyn J. Buckner | 3 | Craig Rich | 2 | Robert N. Jones | 1 |
| Ken Thom | 1 | Lorraine Montoya | 1 | James Steele | 6 |
| Valerie O. Grondin | 5 | Michael P. Dugan | 1 | Bandel Bezzerides | 1 |
| Jeff L. Martinez | 5 | Irene Paine | 1 | Paul H. Salazar | 4 |
| Juanita H Gammel | | Harold V. Dehaven | 1 | Victoria Moya | 6 |
| Kenneth B. Bowman | 3 | David M. Oschwald | 4 | Raynaldo Rivera | 6 |
| Robert Batholomew | 1 | Joyce Hoffman | 6 | Steven Maaranen | 6 |
| Eugene Diedrich | 6 | Judy Reisch | 6 | | |
| Dolores J. Rodenz | 4 | Walter Chamberlin | 6 | | |
| Fred A. Morse | 3 | Betty Glassen | 6 | | |
| James J. Bramble | 4 | Jose Lopez | 6 | | |
| Mona Dennis | 6 | Paul P. Whalen | 1 | | |

*Not a LANL employee, but a well known local artist and teacher.

*The path that leads
there
Now over taken by weeds
Is just memory.
JJW*

To view published obituaries search: #1-LA Daily Post, #2-Albuquerque Journal, #3-LA Monitor, #4-New Mexican, #5-Rio Grande Sun, #6-Personal correspondence (No information available)

The LRG and the community are grateful to Carol Clark, Editor of the LA Daily Post, for printing obituaries at no cost.

LABORATORY RETIREE GROUP (LRG) MEMBERSHIP APPLICATION or RENEWAL FORM

LRG Works to Protect Retiree Benefits

Membership in the Laboratory Retiree Group, Inc. (Los Alamos) is open to any person age 50 or older who currently receives or expects to receive an ongoing financial benefit (health or other insurance, retirement income, or other forms of remuneration) from having worked or having an association with someone who worked for the prime contractor of Los Alamos National Laboratory.

ACTIVE MEMBERS (described above) pay \$20 dues per calendar year per household, have voting privileges at Annual Meetings, and are eligible to serve as LRG Officers and/or Board Members. Active members receive copies of the LRG Directory and LRG's 3-times/year publication, *The Main Gate*. Spouses of deceased Active Members remain members as long as yearly dues are paid.

FRIENDS are persons who support LRG. Friends pay dues of \$20 per year to cover the cost of printing and postage of issues of *The Main Gate*. Friends are unable to vote, hold office, or receive the LRG Directory.

MEETINGS. LRG has no regular meetings, but a Board Meeting is held once a month which is attended by board members and any interested members. Also, an Annual Meeting is held in May of each year for all members who wish to attend, and lunch is provided.

SOCIALS: All members are welcome to attend the "First Tuesday Breakfast" held once a month at a local restaurant from 8:30 to 10:30 am. Members purchase their own breakfast but receive a free "LRG drink" if requested at time of meal purchase.

WEBSITE: Check out LRG's website at lalrg.org.

THE LABORATORY RETIREE GROUP, INC. (LRG)

- ☐ New Membership ☐ Renewal ☐ Friend ☐ Change of Address
☐ Check here if requested information remains unchanged (including phone no. and e-mail)
☐ Check here if you DO NOT want to be listed in the DIRECTORY

Active Member: _____
Last Name First Name Middle

LANL Retiree? Yes No Year _____ System: UCRS PERS LANS OTHER (circle as needed)

Spouse and/or Active Member _____
Last Name First Name Middle

LANL Retiree? Yes No Year _____ System: UCRS PERS LANS OTHER (circle as needed)

Friend _____
Last Name First Name Middle

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Telephone: () _____ **E-mail?** No Yes: _____

Payment: Please mail this form plus \$20 per year dues payment by check to:
LRG, PO Box 546, Los Alamos, NM 87544

Date: _____ Dues
Check No: _____ Enclosed: _____

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July 2019 — Analysis: Los Alamos National Laboratory Supports 24,000 Jobs; High Pay Of Workers Generates Wealth

July 2019—CB Fox Celebrates 40 years of Business in Los Alamos

July 2019— Walk back in Time Hill Theatre August 2019

August 2019—Scenes From Lowrider Museum Opening In Española

August 2019—Three National Park Superintendents Present Status Report To Los Alamos County Council

October 2019—Three bighorn sheep spotted walking on NM4

October 2019—UC President Janet Napolitano And Triad's Thom Mason Present \$599,600 Grant To LANL Foundation

October 2019—Council Approves Ordinance To Grant 20th Street Parcels For New Hotel & Conference Center To TNJLA

October 2019—Five LANL Scientists Elected 2019 APS Fellows

October-2019---Mail Censorship—A Mostly Serious Business in Los Alamos During World War II