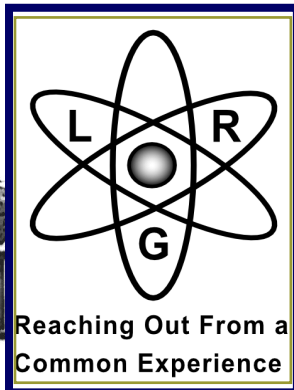


Laboratory  
Retiree  
Group  
Newsletter

Vol. 26 No. 2  
July 2021



# THE MAIN GATE



1947

## *"Reaching Out From a Common Experience"*

***Greetings from a unique group of people - the retirees of the Los Alamos National Laboratory (LANL). The Laboratory Retiree Group (LRG) is a non-profit corporation which seeks to maintain communications with and to serve the needs and interests of retirees from LANL.***

### **Yet Another Breach of Personal Information, May 29, 2021 Leigh House**

A number of retirees have received notices from the University of California (UC) about an "Accellion Data Breach". We note that not all UC retirees have received a notice, though they may be affected. This seems to most directly affect retirees who receive their pensions from UC. More information is on the UCnet website, <https://ucnet.universityofcalifornia.edu/> and click on a topic related to "Update".

#### **What does this notice mean?**

If your pension is from UC, your personal information, as well as that of your spouse and survivors, has likely been part of this data breach. The information that was breached may include: name, address, phone number, birth date, Social Security number, and bank account information. This information is exactly what is needed to carry out Identity Theft. UC believes that everyone in the UC community (Staff, Students, Retirees, and affiliates) may be affected, and it may be difficult, or impossible, to identify each person who has had their information breached. In addition to UC, about 100 other organizations have been affected by a similar vulnerability.

As far as we know now, the personal information of non-UC retirees (CalPERS, and LANS/Triad) is not part of this data breach. Nevertheless, research is continuing and more people may be found to be affected.

#### **What to do?**

You should read the steps UC recommends to protect yourself on their Update and FAQ pages. Before signing up for the credit monitoring and identity theft protection UC is offering, however, you may want to check whether you already have these if you signed up for them as a result of the OPM (Office of Personnel Management) data breach in 2015. A drawback of credit monitoring, however, is that you will only be notified after an account has been opened in your name. Putting a fraud alert on your credit report is another way to reduce potential damage. Drawbacks to a fraud alert are that: it only lasts a year, and then must be put on again; and the effectiveness of a fraud alert relies on a person at the credit granting organization taking extra steps to verify your identity. Watch out for an expiration of the fraud alert and the need to renew it. There is a third option to protect yourself: putting a "freeze" on your credit report. Doing this can keep a bogus account from being opened without your knowledge.

Cont. next page

If you are not familiar with what a credit freeze is, you can get a lot more information from the webpages of the Federal Trade Commission (FTC) at **[www.consumer.ftc.gov](http://www.consumer.ftc.gov)** and searching for **credit freeze**.

Putting a freeze on your credit report takes a bit more work, since you have to arrange for it with each credit reporting organization. And, if you want to apply for a loan or new credit card, you have to "unfreeze" your credit report then re-freeze it afterward. You can place or remove a credit freeze online or by telephone, and it no longer costs anything to do. Though more work, a credit freeze can provide better protection for your credit and your identity. You should also pay attention to the transactions in your bank and other financial accounts to verify they are correct.

### **What NOT to do?**

You should NOT respond to any emails or phone calls that demand money to keep your personal information from being posted or otherwise publicized. If you are thinking about paying such a "ransom", before you do you may want to consider that a significant fraction of the hackers involved in previous data breaches have posted personal information even after a ransom was paid. The hackers have already broken the law, and have no particular obligation to honor their promise.

## **Life Planning Notes for Retirees: UC and LANS**

### **Patricia Wing**

Every UC retiree with a spouse on their UC retirement pension needs to call the UCnet center for the University of California Retirement Administration Service Center at **1-800-888-8267** to confirm that the UC records agree with your understanding of who your beneficiaries are. Also, let your spouse know what you have found, and write it down.

We have received a call from the granddaughter of a recent UC retiree widow, who explained that survivors will not have access to any retiree pension information once they have notified UC of the death of the retiree. According to what she told us, after the death of the retiree, one cannot discuss pension information over the phone but can only request paperwork that will currently take up to a month to receive. Upon returning the paperwork, the case can take a month or two to process, and only then will the beneficiary have confirmation of benefits. We were told that during those months, from 60 to 90 days, all UC financial obligations will be "on hold" and that "other sources of income" are recommended until the paperwork is accepted and processed.

Anyone can access a UC survivor booklet at **[ucnet.universityofcalifornia.edu](http://ucnet.universityofcalifornia.edu)** and look for the "search" bar on the upper right. Type in "survivor" and hit your return bar. First on the list is Your Guide to Survivor and Beneficiary Benefits, which explains the steps to take and the survivor services of the UC Retiree Center. In the case of LANS and Triad retirees with TCP1 pensions, the LANS Pension Center at **1-866-370-7301** does not function in the same manner as the UC center. When I called this number, the representative explained to me that the Pension Center can confirm the beneficiary and give the survivor information about what benefits they will receive. Nevertheless, it's a good idea to call now, to make sure retirement arrangements agree with your life planning notes. Also, all addresses need to be kept up to date. A representative will need updated addresses and telephone numbers before he/she can talk with anyone.

There is another Lab pension plan called TCP2 that includes most employees who were hired after 2006, but who do not receive a Lab pension. TCP2 is 401K plan, also called a defined contribution plan. The above pension information does not apply to these individuals.

### **For all Retirees: ARAG Legal Insurance**

From my perspective, it's a good idea to have ARAG legal insurance. Cost is minimal. If you do not have it, signup may be possible during the next Open Enrollment period in October. Open Enrollment happens quickly in October.

My favorite benefit of the ARAG legal insurance is establishing a Revocable Trust (Living Trust) that can be changed at any time. It is my understanding that a trust can, in some circumstances, eliminate the need for probate, which to me is a wonderful advantage. I had to hire a lawyer to handle probate upon my father's death. My mother had a Revocable Trust, and all went smoothly; her affairs were easy for me to handle.

A Revocable Trust and one change per following year are 100% covered by ARAG insurance when using an in-network attorney. According to the ARAG website, also covered at 100% with an in-network attorney are Durable/Financial Power of Attorney, Estate Administration, Healthcare Power of Attorney, Inheritance Rights, Irrevocable Trust, Living Will, Wills/Codicils, Federal IRS Tax Audit, and services for tenants. For complete information, call **1-800-247-4181** to work with a representative to get you signed in. The representative can send you a list of attorneys in your area. ARAG has attorneys in every metro area in all 50 states, and has 17 attorneys in the Santa Fe-Espanola-Los Alamos area.

### **CUCRA—Council of University of California Retiree Association**

The Council of University of California Retiree Associations advocates for UC retiree services currently advocating for improvements in the UC retirement help center at UCnet. CUCRA's travel program is an additional feature that may be of interest to LRG members. This popular program is managed by a volunteer UC retiree who organizes international and domestic trips designed especially for small groups of UC travelers. Learn about CUCRA travel opportunities at <http://cucra.ucsd.edu/travel/>.

As representative from LRG and LANL, I attended the ZOOM annual meeting April 29. The meeting touched on the survey of retirees, which reported that 55% of retirees surveyed provided caregiving to family members including grandchildren, and about 85% volunteer in the community. The survey report can be found at <http://cucra.ucsd.edu/survey/>. Click on the color image to access the report.

### **Blue Cross Blue Shield Settlement** **Norman Delamater**

We have received some inquiries on the BCBS (Blue Cross/ Blue Shield) settlement which some LRG members received post cards about. The post cards have a unique ID number for the subscriber. It appears to be a real settlement with BCBS, due to some price fixing arguments on the pricing of their policies, whether individual or groups like ours, and a court settlement. The claim form is on their website, [www.bcbssettlement.com](http://www.bcbssettlement.com). I suppose if any LRG member wants to make a claim it is up to each individual member. The claim fund has about \$2 billion and the amount one claimant may get from this depends on how many people apply. A simple estimate would be about \$20 if say 100 million claims are received, but it could be much more if fewer make claims. This is a national settlement and BCBS does have about 100 million subscribers. It is up to each individual if you want to file a claim. We would have to fill out section C in the claim form and provide, name, address, phone number and BCBS group number and subscriber ID and dates of coverage. It is unknown how much the claim check will be, but it is simple enough to fill out the form either online or on paper and then mail it in.

**DISCLAIMER: The information provided in the Main Gate, while believed to be currently accurate, is meant to be educational in nature and should not be interpreted as medical, investment, or legal advice. Consult your physician, financial adviser, tax advisor or attorney before taking any actions based on information offered here.**

## UC Retirement Administration Service Center Improvements Underway (parts excerpted from the UC New Dimensions Newsletter)

The leadership of the UC Retirement Administration Service Center (RASC) has been working to find solutions for retiree difficulties with the service center. Staff were required to comply with California's "stay at home" order, plus RASC had a move to new offices. Retirees faced an unfamiliar new website along with unacceptably long delays in getting the help they needed through the RASC telephone system.

RASC leadership conducted a review that found areas needing more support to meet the needs of members and their families, processes needing improvement, and areas in need of staff training. Updates on RASC progress will be reported in UC's New Dimensions newsletter.

One new system in place is the call-back feature, which holds a caller's place in a phone queue and provides a callback. Another involves the UCRAYS (UC Retirement At Your Service) at **retirementatyourservice.ucop.edu** and **ucal.us/retireehelp**, although having two acronyms is confusing. The RASC telephone number operates M-F 8:30-4:30 (California time) at 800-888-8267 but same-day callbacks may not be possible for calls placed later in the day.

### New Dimensions

Retirees who retired under the UC Retirement System are encouraged to sign up for the free monthly publication from the University of California, *New Dimensions, the Benefits Newsletter for UC Retirees*.

Each issue not only updates retirees on what they need to know about their UC benefits but contains articles on health, descriptions of what retirees are doing to stay active and healthy, how they volunteer and where they are traveling. But be aware that since *New Dimensions* covers a variety of UC retirement plans some of the information included will not apply to all LANL retirees. Example: on the second page of last *New Dimensions*, an article appears about non-California residents who will receive a Medicare coordinate plan through Via Benefits. LANL retirees don't receive benefits through UC, but through Triad/LANL, so this article does not apply to LANL retirees. LANL UC pensions are paid by the University of California, but not benefits like health insurance.

**Please email us benefits issues. We hope to provide clarity where possible. You will find email addresses on page 10**

Empyrean:	1-844-805-0002, <a href="http://www.lanlbenefits.com">www.lanlbenefits.com</a>
Blue Cross/Blue Shield of New Mexico:	1-877-878-5265, <a href="http://www.bcbsnm.com">www.bcbsnm.com</a>
Express Scripts:	1-800-838-4590, <a href="http://www.express-scripts.com">www.express-scripts.com</a> (beginning 1/1/20)
Delta Dental of New Mexico:	1-877-395-9420, <a href="http://www.deltadentalnm.com">www.deltadentalnm.com</a> group number 4000
Davis Vision:	1-800-999-5431, <a href="http://www.davisvision.com">www.davisvision.com</a> client code 9019
ARAG Legal:	1-800-247-4184, <a href="http://www.araglegal.com">www.araglegal.com</a>
Medicare:	1-800-MEDICARE or 1-800-633-4427, <a href="http://www.medicare.gov">www.medicare.gov</a>
Laboratory Retiree Group	<a href="http://www.lalrg.org">www.lalrg.org</a>

More references on following page

LANL Pension Center for Triad defined pension plan, TCP1 pensions, Hewitt: 1-866-370-7301, <https://ypr.aon.com/LosAlamos/#/>

University of California Retirement Plan, UC Retirement Administration Service Center at UCnet: 1-800-888-8267, [ucnet.universityofcalifornia.edu](http://ucnet.universityofcalifornia.edu)

California Public Employees Retirement System (CalPers): 1-888-225-7377, [www.calpers.ca.gov/page/retirees](http://www.calpers.ca.gov/page/retirees)

## LRG News

### 2021 Annual Meeting

We never expected that a second LRG annual meeting would be cancelled because of Covid but indeed it happened. To satisfy the bylaw requirement that an annual meeting be held each May the Board joined the annual meeting and the May Board meeting on May 19 on Zoom as we did in 2020.

### Please Welcome Morrie Pongratz-New Board Member



New Board member  
Morrie Pongratz

Los Alamos Living Legend and long time Los Alamos resident, Morrie Pongratz will fill the open board member seat left by \*Dale Thompson's passing. Morrie is no stranger to Los Alamos as he has contributed mightily to the well-being of the community. He came to Los Alamos as a Post-doc, University of Maryland in 1973, worked at EG&G, then moved to J-10 flying missions around the world in the Lab's retrofitted 707, serving as the last Sci Com (Scientific Commander) of those missions.

Morrie retired in 2005, but continued as an associate until 2017. He serves on boards of several community non-profits and was a Los Alamos County Councilman for some years, for some time serving as Chairman. The LRG welcomes him to the Board.

\*See next page for our tribute to President, Dale Thompson

**First Tuesday Breakfasts have resumed.  
LRG members and guests who are fully vaccinated are welcome. Coffee is provided by the LRG.**

**Morning Glory Restaurant  
1377 Diamond Drive  
8:30—10:30**



**The CDC advises that the vaccine takes full effect  
two weeks after the final dose.**

**LRG Board meetings are held  
on the third Wednesday of  
each month, hosted by Dave  
Schiferl on Zoom  
We hope to resume meetings  
at Mesa Library shortly as  
facilities are able to reopen.**



## The LRG Remembers Dale Thompson

Sadly, the LRG must announce the unexpected death, in May, of its president, Dale Thompson. He served the organization, retirees, and the community for many years with enthusiasm, devotion and compassion. Those whose lives he touched will miss him. His obituary describes an accomplished life.

<https://rivera.mykeeper.com/profile/OlandThompson/>

### Retirees remember Dale

What I remember about Dale is his kindness. He was very concerned about widows having to wait for months for their husband's benefits to be awarded. Because I called board members to notify them of meetings, Dale wanted to know who was not doing well, and sometimes he arranged some help when appropriate. He was on time and prepared for meetings for many years, and recruited board members when he could. His enthusiasm and dedication stand as a model for all of us.

Patricia Wing

I met Dale after moving to Los Alamos in 1973 to do pion scattering experiments in Area A at the Los Alamos Meson Physics. He was there to provide engineering support. Later, he and I worked in the Accelerator Technology Division (AT Division) working on Star Wars projects. At that time, we carpooled together from White Rock. I retired in 2006, and joined the LRG. Dale was vice president and later the president. He and I were Brothers in the Pajarito Masonic Lodge where he was a former Master of the lodge. Dale was the "go-to" and problem solver for many years at Metzger's in Los Alamos.

Alan Wadlinger



*Retiree, Sheila Moloney, toasts the memory of Dale Thompson at the First Tuesday Breakfast in June, an LRG event Dale never missed. "He was so outgoing, friendly, and dedicated."*



*Current Board Member, Bob Meier, and incoming Board Member Morrie Pongratz, add "Here, Here!" to Sheila Moloney's tribute to Dale Thompson.*

When I joined the Laboratory Retiree Group, Dale was President, and was a steadily cheerful and friendly presence at the monthly breakfasts and Board meetings. Dale was also a steady story-teller, full of stories that were lively and yet compassionate. One of Dale's favorite stories was from the Lab's first change of management, back in 2006. LRG was a young organization, yet here was a transition that might have a major impact on the Lab's retirees. There was a lot of discussion about employee and retiree benefits. At short notice, NNSA set up a public meeting to announce their plans for employee and retiree benefits. Dale and others in LRG notified the LRG membership of this meeting. When the meeting started, the audience was huge. The NNSA and DOE representatives announced their plans. The audience expressed their dissenting views. After some back and forth exchanges, the NNSA and DOE representatives acknowledged they had lost the day. A new solicitation for management of the Lab included more generous benefits for both employees and retirees. Fortunately LRG was not alone in its advocacy, yet the involvement of Dale and the LRG helped assure that retiree benefits were retained by the Lab's new management contractor.

Leigh House

Dale was very active in the LRG from the time the group was created in 1994 to the present, filling the roles of Vice President, and later President of the Board. He was on the first organizing committee encouraging people to join LRG, as well as the LRG Ballroom Dance Committee, which held three Glenn Miller-type public dances a year for several years, fulfilling his love for dancing. He organized countless LRG Annual Meetings, finding venues and speakers and shopping for refreshments. When the LANL contract was up for renewal, he was one of those responsible for making sure our benefits were not lost. He held an active role in organizing LRG's 1st Tuesday Breakfasts, reminding members to come and attending almost every breakfast for several years, arriving early and staying late.

Sheila Girard

## LANL Workforce Retirees' Scholarship Recipient



**Mike Ammerman,  
Scholarship Program Manager**

*Mike joined the Los Alamos National Laboratory Foundation staff in 2019 to serve as Scholarship Program Manager bringing more than 20 years of experience supporting New Mexico youth and at-risk populations. He recently served as Program Director at the NM Simon Charitable Foundation, where he successfully grew the program from a traditional scholarship reaching a handful of students to a comprehensive academic enrichment and college success program serving first-generation students from high school through college completion. Mike, a first-generation college graduate, earned a BS in Therapeutic Recreation from Indiana University. He is passionate about social justice, equity, and supporting traditionally underserved members of the community. The LRG investment in the LAESF Workforce Retirees' Scholarship Fund is in Mike's dedicated hands.*

### **Mike Ammerman writes to LRG members:**

"I am pleased to announce the 2021 LANL Workforce Retiree Scholarship Recipient, Althea Denlinger, University of New Mexico. As a non-traditional student\* who relies on financial aid and scholarships to support herself and fund her education, this scholarship is incredibly impactful for Althea. On behalf of the LANL Foundation, I would like to thank you for your generosity."

### **Althea Denlinger writes to LRG members:**

*"I am currently majoring in computer science and I consider it to be a huge passion of mine, and I intend to have a career driven by work in this field. In my future career, I strive to help advance technology for the next generation. I want to work proactively to research advancements and solve unresolved computing problems and questions. I also want to turn around and help other women who have been steered away from serious careers, who now wish to pursue higher education. High-performance computing (HPC) has interested me since before beginning my degree, when I met several programmers in the HPC division at LANL while working at the on-site café. Since then, I have realized how interesting working with supercomputers could be and have spent some time learning Unix-based systems in order to make that a possibility for my future."*



*"The experience of supporting myself entirely through college has allowed me to grow as a person and gain empathy and respect for others who have had similar journeys. The thought of one day being able to help provide support for other women hoping to leave low skill jobs for careers in STEM is one that drives me to succeed."*

### **And Mike adds:**

The best way for retirees to stay informed about the Foundation's initiatives is to sign up for our newsletter. It goes out monthly via e-mail. To sign up, just go to our website home-page, <http://www.lanlfoundation.org/>, scroll to the bottom of the page, and enter an email address in the "Get E-Mail Updates" box. People can also contact me directly and I can add them to the list. My cell phone number is **505-795-3778**

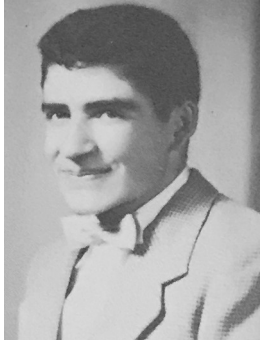
\*A non-traditional student is typically an adult who is entering or returning to formal education as an older student. Many are working parents attending school part-time. Some have a high school diploma or GED, while others may have some college credits. Others may have a degree but are returning to school to make a career change

## Happy Birthday, Secundino Sandoval

Joyce Wolff

Well known and most beloved Los Alamos artist, Secundino Sandoval is shown here waving to the many well wishers who paraded past his home on his 88th birthday in June.

But to backtrack in time, Sec, as he is known to friends, came to Los Alamos in 1943 and attended Central School, at that time the only school, grades one through twelve. When Sec first went to school he didn't speak English and was teased by the other kids. By the time he graduated from Los Alamos High School he was Senior Class President and Co-Captain of the football team, was voted Senior Class Favorite, Most Talented Senior, Best All Around Senior, and an accomplished musician on trumpet and guitar,



Los Alamos High  
School yearbook  
La Loma '52

I was in 4th grade and Sec was in 7th when there was an open house for students to show their classrooms to their parents. I went with my mother, Dorothy Joslin. In Lucille Wink's art classroom Mother noticed a student's painting that stood out. She commented on it to Mrs. Winks. The teacher replied, "That boy has a bright future in the arts." Her prediction was prophetic. Secundino has indeed had an accomplished career. He is well known in the southwest for his beautiful watercolors. His subjects are frequently beautiful forest scenes, aspen groves, and picturesque adobes. On occasion he has been commissioned to paint a scene for a special event. A couple celebrating an anniversary might receive an aspen scene with their initials surrounded by a heart shown carved in one of the trees.

Sec was a draftsman/illustrator in J Division at the Lab until 1974 when he was given a leave of absence, at the encouragement of his bosses, to pursue his art career. When he sold out his first show his art career blossomed and he quickly became well known throughout the southwest. His paintings grace countless homes and businesses throughout the world

After the Cerro Grande fire, when so many homes were lost, Sec painted a scene from the Jemez Mountains, titled *Renewal*, to commemorate the children of the fire. A limited number of prints were sold with the money going to benefit the children affected by the fire until the last child came of age. I had the pleasure of visiting him recently and was delighted to hear tales of his career and the joys it has provided him. Being able to wish him a Happy Birthday was delightful as well.



Photo by Jenn Bartram.  
Courtesy LADaily Post

## On The Bookshelf

Joyce Wolff

### ***Sharing CodeArt1, Fredrick Hammersley, and the Dawn of Computer Art*** by Patrick Frank

When a Museum of New Mexico contact suggested this book as a candidate for a Main Gate book report, I was surprised until I realized that as a blend of history, computer science, art and the LANL contribution it is a good choice, noting that computer art is an off shoot of atomic research. Clark Conde of Alibi (Random House ebooks) writes "Sharing Code may be a bit of an oddball as New Mexican art books go, but it is a long overdue telling."

Frank describes a period in the evolution of digital art, beginning in the sixties when New Mexico was the perfect place for it to happen. It is the story of Art1 originally invented at UNM for mathematical and scientific applications. When eventually, as described in detail in these pages, it became a program that allowed computer illiterate artists to create their work on mainframe computers. From that beginning we have all witnessed the grand scope of computer art today. While the easy prose at times can be esoteric it is readable for the novice for the anecdotes, analogies throughout, and the wealth of reproductions. A computer artist will be fascinated.



# LANL In Memoriam

By Jack Clifford



Forrest William Brinkley, Jr.

Candace L. Burlison

Donald A. Burns

Charles Calef

Pasqual P. Chavez

Kent Carleton Croasdell

Cameron Dwayne Ethridge

Margaret Murphy Eutsler

Roscoe Fausson

Harvey Frauenglass

Samuel D. Gardner

S. Peter Gary

Samuel G. Giron

Elmer Leroy Grady

Houston T. (Terry) Hawkins

Gilbert J. Herrera

Johnny A. Herrera

Ginger Hirt

Dorothy (Dot) Alice Hooker

Robert (Bob) Earl Hooker

Walter F. Huebner

Armanda L. Jackson

Carl Johnson Jr.

Pablo E. Lucero

Lester F. Luehring

Peter B. Lyons

James W. Martsh

Edna Earline McKee

Robert Eugene Meade

Neva Mikkelsen

Neffie Ned Montoya

Thomas Michael Panowski

Barbara Partain

George Perrault

Eppie F. Salazar

Albert Schoolcraft

Wendell A. Scott

Maco Stewart IV

Oland Dale Thompson

Wayne Kay (Corky) Thorn

Gina A. Vigil

Frank P. Welch

Christine West

Robert Williford III

An obituary can usually be found in Google by entering the individual's name, followed by *Los Alamos*.

The LRG and the community are grateful to Carol Clark, Publisher of the LA Daily Post, for printing obituaries at no cost.

## Burn Old Man Burn

Joyce Wolff



This great license plate in Santa Fe, reminds us that Fiesta is just around the corner.

When I was about 12 it was exciting to choose a colorful cotton fabric (probably at Speers Department store) for a fiesta skirt and even more fun trying to decide what color the rows of rick rack should be, which my grandmother sewed on by hand—yards of it. Come Fiesta we would walk around the plaza, I in my beautiful skirt, (It was green percale with red, and yellow trim) imagining that I was a Fiesta Princess, wishing I had beautiful black hair like Mary Olivas. It was hard to choose which food booth, with tacos and tamales everywhere.

Zozobra, or Old Man Gloom, each year rises like a papier mâché Phoenix from the ashes to burn yet again. 2021 will be his ninety seventh rebirth and demise. Fiesta is officially kicked off with this noisy, pyrotechnic event when the 50 ft tall Zozobra, as created by Will Shuster those decades ago, burns up in howling anguish amid screaming fireworks, burning up cares and troubles for fiesta weekend.

Originally spectators drove their cars onto Magers field to sit in the car, on the car, on blankets, or in lawn chairs. Now the thousands of people attending (I heard 2,000) walk in to one of several assigned areas. When I asked how long one's cares would be lifted, the answer was, "Until you try to get out of the parking lot." But that problem is solved. Santa Fe operates public transit to and from the site north of the plaza, from the Rail Runner station. The event is well orchestrated, by the Kiwanis Club.

Zozobra will go up in flames on Friday September 3, 2021. For complete information go to [burnzozobra.com](http://burnzozobra.com).



**Laboratory Retiree Group Website: [www.lalrg.org](http://www.lalrg.org)**

### LRG Officers and Board Members.

President	Office Vacant	
Vice President	Leigh House	<a href="mailto:president@lalrg.org">president@lalrg.org</a>
Treasurer & Membership	Sheila Girard	<a href="mailto:sgirard@losalamos.com">sgirard@losalamos.com</a>
Scribe	Alan Wadlinger	<a href="mailto:awadlinger@vla.com">awadlinger@vla.com</a>
Board Member & Benefits	Norman Delamater	<a href="mailto:ynormdel109@centuryline.net">ynormdel109@centuryline.net</a>
Board Member	Paul Elkins	<a href="mailto:pselks@gmail.com">pselks@gmail.com</a>
Board Member	Sue Elkins	<a href="mailto:pselks@gmail.com">pselks@gmail.com</a>
Board Member & Main Gate	Richard Henderson	<a href="mailto:brh@swcp.com">brh@swcp.com</a>
Board Member & Website	Paul Lewis	<a href="mailto:website@lalrg.org">website@lalrg.org</a>
Board Member	Bob Meier	<a href="mailto:bobmeier@mac.com">bobmeier@mac.com</a>
Board Member	Morris Pongratz	<a href="mailto:mpongratz1942@gmail.com">mpongratz1942@gmail.com</a>
Board Member	David Schiferl	<a href="mailto:dsconsult@centurylink.net">dsconsult@centurylink.net</a>
Board Member & CUCRA rep.	Erika Spallitta	<a href="mailto:Erika.joseph@hotmail.com">Erika.joseph@hotmail.com</a>
Board Member	John Stewart	<a href="mailto:jns@rt66.com">jns@rt66.com</a>
Board Member-& CUCRA rep.	Patricia Wing	<a href="mailto:hwybks455@yahoo.com">hwybks455@yahoo.com</a>
Board Member & Main Gate	Joyce Wolff	<a href="mailto:cucra-rep@lalrg.org">cucra-rep@lalrg.org</a>
All Board Members		<a href="mailto:maingate@lalrg.org">maingate@lalrg.org</a>
		<a href="mailto:board@lalrg.org">board@lalrg.org</a>

**The Main Gate is printed by Aspen Copies, Los Alamos, NM**

## Keep Up With Los Alamos News

Los Alamos Daily Post and the Los Alamos Reporter can be found online free of charge. Bradbury Science Museum Newsletter is available monthly on line.

### Where Discoveries Are Made

Just this June LANL launched an exciting comprehensive Website that brings together in one place everything that's going on at the Lab, and much more. The Website is user friendly and beautifully designed. It offers, articles of every description, science and history, videos and podcasts. Be sure to look at this superb new Website.

**discover.lanl.gov**

## LABORATORY RETIREE GROUP (LRG) Works to Protect Retiree Benefits

**Membership** in the Los Alamos Laboratory Retiree Group, Inc. (LRG) is open to any person age 50 or older who currently receives or expects to receive an ongoing financial benefit (health or other insurance, retirement income, or other forms of remuneration) from having worked or having an association with someone who worked for the prime contractor of Los Alamos National Laboratory.

**Active Members**, as described above, pay annual dues of \$20, have voting privileges at Annual Meetings, and may serve as LRG Officers and/or Board Members. Active members receive the annual LRG Directory of members and *The Main Gate* news bulletin 3 times a year. Spouses of deceased Active Members remain members as long as yearly dues are paid.

**Friends** are persons who support LRG. Friends pay dues of \$20 per year to cover the cost of printing and mailing *The Main Gate*. Friends may not vote, hold office, or receive the LRG Directory.

## MEMBERSHIP APPLICATION or RENEWAL FORM

### THE LABORATORY RETIREE GROUP, INC. (LRG)

- ☐ New Membership   ☐ Renewal   ☐ Friend   ☐ Change of Address  
☐ Check here if requested information remains unchanged (including phone no. and e-mail)  
☐ Check here if you DO NOT want to be listed in the DIRECTORY

Active Member: \_\_\_\_\_  
Last Name First Name Middle

LANL Retiree? Yes No Year \_\_\_\_\_ System: UCRS PERS LANS OTHER (circle as needed)

Spouse and/or \_\_\_\_\_  
Active Member Last Name First Name Middle

LANL Retiree? Yes No Year \_\_\_\_\_ System: UCRS PERS LANS OTHER (circle as needed)

Friend \_\_\_\_\_  
Last Name First Name Middle

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ E-mail? No Yes: \_\_\_\_\_

Payment: New Subscribers and Renewals please mail this completed form plus \$20 per year dues payment by check to:

LRG, PO Box 546, Los Alamos, NM 87544

Date: \_\_\_\_\_ Check No: \_\_\_\_\_ Dues Enclosed: \_\_\_\_\_

Laboratory Retiree Group  
LRG, Inc.  
PO Box 546  
Los Alamos, NM 87544

PRESORTED  
STANDARD  
U.S. POSTAGE PAID  
LOS ALAMOS, NM  
PERMIT NO. 152

Address Service Requested

The LAESF Workforce Retirees' Scholarship Fund is an endowed component of the Los Alamos Employees' Scholarship Fund. It is funded by generous contributions from Laboratory retirees, including contributions from Laboratory Retiree Group members. The LAESF Advisory Committee is now able to award a \$1000 annual scholarship to a deserving student each year in the name of the "Workforce Retirees' Scholarship Fund". This award is based on both scholarship and financial need. Thank you LRG members who have contributed to this fund or may contribute in the future. You will find complete information on how to donate on the LANL Foundation website:

[lanlfoundation.org](http://lanlfoundation.org)

or by mail to their address at

1112 Plaza del Norte, Española, NM 87532